

METHOD OF REDUCING LOW DENSITY LIPOPROTEIN CHOLESTEROL CONCENTRATION

Abstract of the Invention

The present invention is a method for decreasing the blood concentration of total and LDL cholesterol in a human in which a plant sterol and a soy hypocotyl material are co-administered to the human, where the plant sterol comprises at least 0.49%, by weight, of the combined weight of the plant sterol and the soy hypocotyl material